

Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
<u>A.H.O.Y. Class Schedule</u>			<b>1</b>			<b>2</b>			<b>3</b>			<b>4</b>			<b>5 NEW HOURS: 9am-9pm</b>			<b>6</b>		
Smith Senior Center	M, W, Th, Sat W	9:15 am 5:30 pm	8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool				9:00 Fitness Members Class	Rm 2		
			8:30 Fitness Members Class	Rm 2		9:00 S.M.A.C.	Rm 2		8:30 Fitness Members Class	Rm 2		9:15 AHOY	Gym		10:00 Bocce/Horseshoes	Outside	9:15 AHOY	Gym		
Lewis Center	M, W, Fri	9:15 am	9:15 AHOY	Gym		9:45 Senior Swim	Pool		9:15 AHOY	Gym		9:45 Senior Swim	Pool		10:00 Shuffleboard/Cornhole	Gym	9:30 Senior Swim	Pool		
Leonard Center	M, W, Fri	10:30 am	10:00 Water Arthritis Class	Pool		11:00 Water Aerobics	Pool		<b>9:30 - 7:30 AARP Taxes*</b>	<b>Rm 1</b>		11:00 Water Aerobics	Pool		10:00 Water Arthritis Class	Pool				
Lindley Center	M, Tu, Th	2:15 pm	10:00 Honey Bee Helpers	Rm 1		11:30 Fitness Members Class	Rm 2		10:00 Water Arthritis Class	Pool		2:00 Senior Swim	Pool		2:00 Senior Swim	Pool				
Brown Center	Tu, Th	9:15 am	<b>10:00 Pickleball</b>	<b>Rm 2</b>		2:00 Senior Swim	Pool		10:00 Table Tennis & Darts	Rm 2		5:30 Fitness Members Class	Rm 2							
Peeler Center	Tu, Th	10:30 am	2:00 Senior Swim	Pool		<b>3:00 Matter of Balance*</b>	<b>Gym</b>		2:00 Senior Swim	Pool		5:45 Water Fitness Class	Pool		5:00 Table Tennis	Gym				
			5:00 Water Aerobics	Pool		6:30 Line Dance Class - Beg.	Gym		5:00 Water Aerobics	Pool		7:15 Kung Fu	Rm 2							
			5:00 T.O.P.S. Meeting	Rm 1		7:15 Kung Fu	Rm 2		5:30 AHOY Boot Camp	Gym										
						7:40 Line Dance - Adv.	Gym													
<b>7</b>			<b>8</b>			<b>9</b>			<b>10</b>			<b>11</b>			<b>12 NEW HOURS: 9am-9pm</b>			<b>13</b>		
<b>Enjoy coffee in the Lounge Monday - Friday 9 am - 12 noon</b>			8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool				9:00 Fitness Members Class	Rm 2		
			8:30 Fitness Members Class	Rm 2		9:00 S.M.A.C.	Rm 2		8:30 Fitness Members Class	Rm 2		9:15 AHOY	Gym		10:00 Bocce/Horseshoes	Outside	9:15 AHOY	Gym		
			9:15 AHOY	Gym		9:45 Senior Swim	Pool		9:15 AHOY	Gym		9:45 Senior Swim	Pool		10:00 Shuffleboard/Cornhole	Gym	9:30 Senior Swim	Pool		
			10:00 Water Arthritis Class	Pool		11:00 Water Aerobics	Pool		9:30 - 7:30 AARP Taxes*	<b>Rm 1</b>		11:00 Water Aerobics	Pool		10:00 Water Arthritis Class	Pool				
			10:00 Honey Bee Helpers	Rm 1		11:30 Fitness Members Class	Rm 2		10:00 Water Arthritis Class	Pool		2:00 Senior Swim	Pool		<b>1:00 Movie: “Dances With Wolves”</b>					
			<b>10:00 Pickleball</b>	<b>Rm 2</b>		<b>1:00 Archery Demo</b>	<b>Gym</b>		10:00 Table Tennis & Darts	Rm 2		5:30 Fitness Members Class	Rm 2		<b>Rm 1</b>					
			2:00 Senior Swim	Pool		2:00 Senior Swim	Pool		2:00 Senior Swim	Pool		<b>5:30 Zumbal*</b>	<b>Gym</b>		2:00 Senior Swim	Pool				
			5:00 Water Aerobics	Pool		<b>3:00 Matter of Balance*</b>	<b>Gym</b>		10:00 Table Tennis & Darts	Rm 2		5:45 Water Fitness Class	Pool		5:00 Table Tennis	Gym				
			6:30 Line Dance Class - Beg.	Gym		2:00 Senior Swim	Pool		<b>6:00 Cell Phone Q&amp;A</b>	<b>Rm 1</b>										
			5:00 Water Aerobics	Pool		7:15 Kung Fu	Rm 2		5:00 Water Aerobics	Pool		7:15 Kung Fu	Rm 2							
			5:00 T.O.P.S. Meeting	Rm 1		7:40 Line Dance - Adv.	Gym		5:30 AHOY Boot Camp	Gym										
<b>14</b>			<b>15</b>			<b>16</b>			<b>17 NO 9:15 AHOY TODAY</b>			<b>18</b>			<b>19 NEW HOURS: 9am-9pm</b>			<b>20</b>		
<b>*Registration required</b>			8:15 Water Aerobics	Pool		8:15 Water Aerobics	Pool					8:15 Water Aerobics	Pool				9:00 Fitness Members Class	Rm 2		
			8:30 Fitness Members Class	Rm 2		9:00 S.M.A.C.	Rm 2		8:15 Water Aerobics	Pool		9:15 AHOY	Gym		10:00 Bocce/Horseshoes	Outside	9:15 AHOY	Gym		
			9:15 AHOY	Gym		<b>9:30 Bingo</b>	<b>Rm 1</b>		9:45 Senior Swim	Pool		9:45 Senior Swim	Pool		10:00 Shuffleboard/Cornhole	Gym	9:30 Senior Swim	Pool		
			10:00 Water Arthritis Class	Pool		9:45 Senior Swim	Pool		11:00 Water Aerobics	Pool		11:00 Water Aerobics	Pool		10:00 Water Arthritis Class	Pool				
			10:00 Honey Bee Helpers	Rm 1		11:30 Fitness Members Class	Rm 2		11:30 Fitness Members Class	Rm 2		2:00 Senior Swim	Pool		2:00 Senior Swim	Pool				
			<b>10:00 Pickleball</b>	<b>Rm 2</b>		2:00 Senior Swim	Pool													